

U.S. Ski and Snowboard Association
P.O. Box 100
Park City, UT 84060
Phone: 435.647.2666 Fax: 435.647.2052
Email: membership@ussa.org
Internet Site: www.ussa.org



**CROSS COUNTRY
COMPETITION FORM
2011-2012**

For Office Use Only

Note: ONE member per application. Memberships are non-refundable and expire annually on June 30.

General Information

- **Online registration & renewal is available on www.ussa.org under Membership Tools. Online registration is immediate for athletes and coaches and officials who have a current background screening.**
- Applications also accepted by mail, email and fax. If you choose to fax your application, please call or email to confirm receipt.
- USSA and division or state late fees apply to renewals received after Oct. 15. **First time members are exempt from all late fees.**
- Membership card may be printed by logging into your user account on www.ussa.org.
- Bonus packs take 4-6 weeks for delivery.

Please Print Clearly

First Name _____ Last Name _____ Home Phone () _____
Mailing Address _____ Work Phone () _____
City _____ State _____ Zip _____ Fax () _____

Date of Birth (Month/Day/Year) ____/____/____ Sex (circle one) Male Female Primary Email _____

Parent/Guardian Contact Information

1. First Name _____ Last Name _____ Relationship Mother/Father/Other
Email _____
2. First Name _____ Last Name _____ Relationship Mother/Father/Other
Email _____

Are you a New Member? or Renewing Member? If you are a renewing member, please note your USSA # _____

Are you a U.S. citizen? Yes No , what country? _____

In which state do you primarily participate and train? _____

Ski Club Affiliation _____

(PLEASE PROVIDE COMPLETE CLUB NAME – DO NOT ABBREVIATE)



MANDATORY MEDICAL/ACCIDENT INSURANCE INFORMATION



Members must have and maintain Medical/Accident insurance for duration of membership year. Failure to provide accurate information demonstrating the existence of such insurance coverage for Member will prevent processing of this application and cause termination of membership and suspension of all rights to participate in U.S. Ski & Snowboard Association activities, unless Member timely returns a fully executed Medical Exception Agreement (which can be obtained by contacting Member Services at 435.647.2666 or via fax at 435.647.2052). The Medical Exception Agreement removes a Member from coverage under USSA's secondary accident insurance program, and leaves the Member solely responsible for all medical expenses incurred in connection with any USSA event or activity.

Primary Medical Insurance Company Name: _____

Policy / ID # _____ Phone # _____

Please indicate the division in which you will participate (check only one box)

*Coaches, officials and masters must declare a geographic division. *All foreign athletes must declare foreign division

Alaska Central Eastern Far West Intermountain Northern Pacific Northwest Rocky Mountain Foreign

Magazine

Members receive a subscription to their choice of Ski Racing (digital issues only), SkiTrax (for the cross country enthusiast) or a snowboard publication. Magazine subscriptions valid from time of renewal to spring of competition year

Please select one option: Ski Racing SkiTrax Snowboard Publication No Magazine

USSA is required by Congress to report on the participation of minorities in our athletic programs. **Please choose one of the following categories:** White Black Latino Asian American Indian Pacific Islander Mixed Race Prefer not to respond

Code of Conduct & Competition Drug Testing

I understand that by virtue of my membership in USSA I must comply with USSA's Code of Conduct. I also understand that I may be required to participate in competition drug testing. By executing this form I agree to abide by and/or participate in such programs. I understand that failure to participate in competition drug testing will result in a sanction.

**CROSS COUNTRY
COMPETITION PROGRAM 2011-2012**

<p>◇ Competitor: Access to all levels of competition within the USSA Cross Country Ski Racing “development pipeline” including eligibility to qualify for national and regional events where qualifying is required. Membership also includes access to the USSA Cross Country Ranking List. Renewing members add the USSA Late Fee of \$25 after Oct. 15 to your membership total.</p> <p>◇ Division/State Dues: ♦ PNSA \$35/ no late fee Adaptive Cross Country Competitor ♦ \$140 -Not required to pay Division/State dues- USSA late fee is applicable after Oct. 15. <input type="checkbox"/> Please Check box if you compete in adaptive events</p>	<p><u>\$140</u></p> <p>\$ _____ USSA Late</p> <p>\$ _____ Div/State Dues</p>																								
<p>◇ Nordic Kid: Access to entry-level/non-scored competitions for ages 13 and younger, prior to December 31. Note: Does not include participation in USSA Cross Country Ranking List. Does not pay USSA late fee.</p> <p>◇ Division/State Dues: ♦ PNSA \$15/ no late fee</p>	<p><u>\$50</u></p> <p>\$ _____ Div/State Dues</p>																								
<p>* ATTENTION COACHES AND OFFICIALS *</p> <ul style="list-style-type: none"> ◆ All coaches and officials are required to undergo periodic background screening. ◆ Coach and official memberships are not valid/active until positive background screening results are received by USSA Member Service. ◆ If screening is required, you must register within 10 days of membership registration. ◆ Absolutely no refunds will be given for failure to complete background screening. ◆ Please allow several weeks for screening process to be completed. Screening times vary. Foreign screening may take several months. 																									
<p>◇ Official: Access to clinics, certifications programs and educational materials supporting event officiating. Note: Does not pay USSA late fee <i>if</i> this is the only membership held.</p> <p>◇ Division/State Dues: Not applicable</p>	<p><u>\$60</u></p>																								
<p>◇ Coach: Includes both USSA Cross Country coach and official membership, including access to USSA coaches programs, clinics, certification programs and educational materials. Note: Required for access to coaching credentials at all USSA competitions. Issuance of credentials to appropriate working coaches is the responsibility of the event. Renewing members add the USSA late fee of \$25 after Oct. 15 to your membership total.</p> <p>◇ Adaptive Cross Country Coach ♦ \$115 <input type="checkbox"/> Please check box if you participate primarily in adaptive events</p> <p>◇ Division/State Dues: Not applicable</p>	<p><u>\$115</u></p> <p>\$ _____ USSA Late</p>																								
<p>Contribution: Please check appropriate box \$5 <input type="checkbox"/> \$10 <input type="checkbox"/> \$25 <input type="checkbox"/> \$50 <input type="checkbox"/> Other: <input type="checkbox"/> _____ Your contribution will go to the sport of your primary membership. Thank you!</p>	<p>\$</p>																								
<p>Bonus Pack: \$25 each, includes shipping and handling. See page 4 for details. T-Shirts are available in adult sizes S, M, L and XL only. Bonus packs are mailed individually. Please allow 4-6 weeks for delivery. Bonus packs shipped to U.S. addresses only. Indicate desired size and quantity.</p> <table style="width:100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left; border-bottom: 1px solid black;">Description</th> <th style="text-align: left; border-bottom: 1px solid black;">Size</th> <th style="text-align: left; border-bottom: 1px solid black;">Quantity</th> <th style="text-align: left; border-bottom: 1px solid black;">Description</th> <th style="text-align: left; border-bottom: 1px solid black;">Size</th> <th style="text-align: left; border-bottom: 1px solid black;">Quantity</th> </tr> </thead> <tbody> <tr> <td>General Design</td> <td>_____</td> <td>_____</td> <td>Freestyle</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>Alpine</td> <td>_____</td> <td>_____</td> <td>Jumping/NC</td> <td>_____</td> <td>_____</td> </tr> <tr> <td>Cross Country</td> <td>_____</td> <td>_____</td> <td>Snowboard</td> <td>_____</td> <td>_____</td> </tr> </tbody> </table> <div style="text-align: right; margin-top: 10px;"> <p>Total # of Bonus Packs ____ x \$25 = </p> </div>	Description	Size	Quantity	Description	Size	Quantity	General Design	_____	_____	Freestyle	_____	_____	Alpine	_____	_____	Jumping/NC	_____	_____	Cross Country	_____	_____	Snowboard	_____	_____	<p>\$</p>
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<p><input type="checkbox"/> Please Rush! Enclosed is an additional \$25 per person for “Express” processing. Your “express” application will be processed within 1-2 business days from the time of receipt. Membership card may be printed by logging into your user account on www.ussa.org.</p>	<p>\$</p>																								
<p>Method of Payment Please note: There will be a \$25 returned check fee.</p> <p><input type="checkbox"/> Check # _____</p>	<p><input type="checkbox"/> VISA/Mastercard</p> <p>U.S. Ski and Snowboard Teams prefer VISA</p> <p>Exp. Date _____ Signature _____</p>																								
<p>Total Due</p> <p>\$ _____</p>																									

Did you remember to sign the Waiver and Release of Liability?

**UNITED STATES SKI AND SNOWBOARD ASSOCIATION
ASSUMPTION OF RISK AND RELEASE OF LIABILITY – READ CAREFULLY BEFORE SIGNING**

I understand that skiing and snowboarding in their various forms, as well as preparation for, participation in, coaching, volunteering, officiating and related activities in alpine, nordic, freestyle, adaptive, and snowboarding competitions and clinics (hereinafter collectively referred to as "Activities"), involve many **RISKS, DANGERS and HAZARDS**. These risks, dangers and hazards include, but are not limited to, changing weather and snow conditions, variations in steepness or terrain, natural and man-made obstacles and structures, equipment failure, collisions with objects or structures, being struck by skiers/riders or equipment, and exceeding one's own abilities. I further understand that ski and snowboard training and competition may be more hazardous than recreational skiing and snowboarding. I understand that **INJURIES OF ALL TYPES ARE A COMMON AND ORDINARY OCCURRENCE of the Activities**. I know that the risk of **SEVERE INJURY** and even **DEATH** exists in all training and competition locations and activities, including free skiing and riding. I also know that personal training, coaching, instruction, supervision and enforcement of rules by the United States Ski & Snowboard Association, its officers, directors, volunteers, employees, contractors, member coaches, member officials, together with affiliated entities involved in the conduct of the Activities (including, but not limited to, the International Ski Federation, local ski clubs, competition organizers, race officials, volunteers, fellow members, sponsors, and ski and snowboard facility operators)(hereinafter the term "USSA" shall be used to refer to all such persons and entities collectively) do not and cannot guarantee my safety.

With full knowledge and understanding of the **RISK OF SEVERE INJURY AND DEATH** involved in ski and snowboard training and competition, I **FREELY AND VOLUNTARILY ACCEPT AND FULLY ASSUME THE RISK THAT I MAY SUFFER TEMPORARY, PERMANENT OR EVEN FATAL INJURIES**, even if I follow the instructions or advice of USSA.

In consideration of USSA's acceptance of my membership application, and in spite of the risk of severe or permanent injury, or even death, the undersigned (hereinafter "Member") agrees to comply with and be bound by the following terms at all times, whether training or practicing for competition, or in competition.

1. Member hereby unconditionally **WAIVES AND RELEASES ANY AND ALL CLAIMS, AND AGREES TO HOLD HARMLESS, DEFEND AND INDEMNIFY USSA OF AND FROM ANY CLAIMS**, present or future, including any loss, damage, expense, or injury (including **DEATH**), suffered by any person and arising from Member's participation in any Activities in which USSA is involved in any way, due to any cause whatsoever, **INCLUDING NEGLIGENCE** and/or breach of express or implied warranty on the part of USSA.
2. Member hereby **RELIEVES USSA OF ANY DUTY TO PROTECT MEMBER FROM HARM** in connection with any Activities in which USSA is involved in any way.
3. Member authorizes USSA to obtain medical care for, or transport him/her to a medical facility or hospital if, in the opinion of USSA, medical attention is required and Member is unable to make such decisions for himself/herself. Member agrees to pay all costs associated with such medical care and related transportation and shall **DEFEND, INDEMNIFY AND HOLD HARMLESS** USSA of and from the consequences of such decision and from any such costs incurred relating to the provision of medical care. Member also authorizes disclosure of protected medical information necessary to provide, coordinate or manage member's healthcare consistent with the dictates of HIPAA and to the extent that such use or disclosure is required by law.
4. Member agrees never to utilize any run, course or facility for any training, practice or competition without first conducting his/her own thorough visual inspection of the run, course or facility.
5. This Agreement shall be construed in accordance with, and governed by the substantive laws of the State of Colorado, without reference to principles governing choice or conflicts of laws. In addition, Member agrees that all lawsuits for personal injury or related loss against USSA must be maintained in state courts sitting in Summit County, Utah or federal district courts sitting in the District of Utah, Central Division, and Member consents and agrees that jurisdiction and venue for such proceedings shall lie exclusively with such courts. In the event any portion of this release is found to be unenforceable, the remaining terms shall be fully enforceable.

HAVING CAREFULLY READ THE FOREGOING AND UNDERSTANDING IT TO BE A LEGALLY BINDING RELEASE AND INDEMNITY AGREEMENT, MEMBER SIGNIFIES HIS ASSENT TO THE ABOVE TERMS BY SIGNING BELOW:

MEMBER (If 18 or over)	
Signature: _____	Date of Birth: _____
Printed name: _____	Date Signed: _____

SIGNATURE OF PARENT OR GUARDIAN REQUIRED FOR MEMBERS UNDER THE AGE OF 18

As the parent or guardian of the minor child Member named above, I hereby make and enter into each and every agreement, representation, waiver and release described above on behalf of myself, the Member, and any other parent or guardian of the Member, intending that they be binding on me, the Member, and our respective heirs, executors, administrators and assigns. By affixing my signature below I represent that I intend to give up my right, the right of the Member, and the right of any other parent or guardian to maintain any claim or suit against USSA arising out of the Member's participation in any Activities involving USSA in any way. I further agree to hold harmless, defend, and indemnify USSA of and from any claims from third parties arising from the minor child Members' participation in any activities affiliated with USSA.

Parent or guardian's signature _____

Printed name _____ Date Signed: _____

Applicant's Name (Please Print) _____ Date of Birth: _____

USSA Concussion Policy for Members

Any USSA athlete under the age of 18 years suspected of having sustained a concussion/ traumatic brain injury must be removed immediately from participation in USSA sporting event (e.g. sanctioned training, practice, camps, competitions or tryouts), by the Technical Delegate or USSA member coach overseeing such sporting event. The minor athlete will be prohibited from further participation until evaluated and cleared in writing to resume participation in USSA sporting events by a qualified health care provider trained in the evaluation and management of concussive head injuries. The health care professional must certify to USSA in the clearance letter that he/she has successfully completed a continuing education course in the evaluation and management of concussive head injuries within three years of the day on which the written statement is made.

Upon removal of a minor athlete from participation for a suspected concussion/traumatic brain injury, the USSA TD or member coach making the removal must inform USSA Competition Services. Athletes who have subsequently been medically cleared to resume participation must provide such medical clearance (as described above) to USSA Competition Services in order to be permitted to participate in USSA sporting events.

About Concussion

A concussion is a type of traumatic brain injury (TBI) caused by a bump, blow, or jolt to the head. Concussions can also occur from a fall or a blow to the body that causes the head and brain to move quickly back and forth. Doctors may describe a concussion as a “mild” brain injury because concussions are usually not life-threatening. Even so, their effects can be serious.

Risk of Continued Participation

A repeat concussion that occurs before the brain recovers from the first—usually within a short period of time (hours, days, or weeks)—can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in edema (brain swelling), permanent brain damage, and even death.

The USSA recommends that Members review the Center for Disease Control’s resources on concussion awareness at the following link:

http://www.cdc.gov/concussion/HeadsUp/online_training.html

By his/her signature below, **MEMBER CERTIFIES THAT HE/SHE HAS READ AND UNDERSTOOD THIS AGREEMENT**, and agrees in full with its terms, intend that it be binding on Member, his/her heirs, executors, administrators and assigns, and that it remain in full force and effect for as long as Member participates in USSA training, competition and related programs and activities..

MEMBER

Signature: _____ Date of Birth: _____

Printed name: _____ Member No.: _____ Date Signed: _____

SIGNATURE OF PARENT OR GUARDIAN REQUIRED BELOW FOR MINOR* MEMBERS**

As the parent or guardian of the minor Member named above, I hereby make and enter into each and every agreement, representation, waiver and release described above on behalf of myself, the Member, and any other parent or guardian of the Member, intending that they be binding on me, the Member, and our respective heirs, executors, administrators and assigns.

Parent or guardian’s signature _____

Printed name _____ Date _____



2012 USSA BONUS PACK

Ski



U.S. SKI TEAM LOGO SHIRT

2012 LAPEL PIN



CHOOSE FROM
Alpine
Cross Country
Jumping/
Nordic Combined
Freestyle (black)



Choose either the blue "U.S. Ski Team" shirt or one of your favorite sports shirts printed in blue on high quality 100% cotton. Also included are the 2012 collectors lapel pin and the U.S. Ski Team decals.

Check out the U.S. Ski Team and U.S. Snowboarding shop for more great gear online at: shop.uskiteam.com

Time again for the exclusive \$25 offer for USSA Members.



Snowboarding



Or choose the U.S. Snowboarding Pack which includes a high quality 100% cotton, black t-shirt, a die-cut logo decal and a variety pack of logo decals.

ADDED BONUS!

One year subscriptions to either SKI Magazine (7-issues, a \$9 value) or Transworld Snowboarding Magazine (9-issues, a \$5 value) is included with your Bonus Pack purchase. Offer is refundable. Instructions will be mailed to you.

*One per household. Valid in the U.S. only.



PLACE YOUR ORDER ON YOUR USSA RENEWAL OR MEMBERSHIP APPLICATION OR BY CALLING MEMBER SERVICE AT 435.647.2666